

# Consent Can't Wait



## And it starts with us.

**The first step is for adults to get on the same page about sexual consent.**

By talking with other adults first and sharing experiences, we'll feel more confident and informed about the topic. Then it will be easier to equip the young people in our lives with skills to have safe, healthy relationships.

Talking about consent may be triggering for some people. If you or someone you know need support, call **1800RESPECT** (1800 737 732) or go to [1800respect.org.au](https://1800respect.org.au).

Want to know how? For more on consent and starting the conversation, visit [consent.gov.au](https://consent.gov.au)